

Your Marriage Tells a Story

Recommended Resources

Scripture References

Matthew 11:28-30, “Come to me you who are weary...”

Philippians 1:6 , “I am confident of this, that the one who began a good work in you will continue to complete it...”

Bible Verse in a Jar, Amazon. Color-coded bible verses in a jar to pull out and use as needed.

Books

Christ is Passing By, St. Josemaria Escriva

Handbook of Prayers , Midwest Theological Forum

A good resource for a Spiritual Game Plan, Church Laws concerning the Marriage, Daily Offering and other prayers

Marriage Insurance, 12 Rules to Live by Father Francis Joseph Hoffman

Bonus: There is a “More to Read” section in the back of the book with more excellent resources.

Compass, James Stenson, or any other book by Stenson, Scepter Publishers

The Temperament God Gave You/ Your Spouse, Art and Laraine Bennett

The 5 Love Languages, Gary Champman, Northfield Publishing

A Portrait of Courage, St. Thomas More, Scepter

Rosa, What’s Your Secret ?, Rosa Pick, Scepter

Home Management Plain & Simple, Kim Brenneman

Podcasts

Heroic Holiness (podcast) , St. Josemaria Institute, Jan. 22,2024

Our Mother of Fairest Love, Any by Doug Hinderer, Janet Quinlan, Regina Boyd, etc.

The Heights Podcast, The Man Fully Alive, Alvaro de Vicente

The Optimal Work Podcast, How to Broadcast Positive Emotions, and all episodes

Apps

Hallow

5 Minutes with Jesus

Relevant Radio

Online Videos

This is how to love, IMBeggan

The Humanum Series, YouTube or on demand <https://vimeo.com/ondemand/humanum>

Online Articles

Messages World Communication Days, <https://www.vatican.va/content/john-paul-ii/en/messages/communications.index.html>

Articles on Christian Life, www.opusdei.org

Conversations with Monsignor Escriva. This series of articles can be found online for free at <https://escriva.org/en/conversaciones>

"I didn't Marry My Soulmate," online article by Katie Lee, 2013.

36 Questions to Fall in Love, Arthur Aron

Are Personality Types Catholic? <https://catholicstand.com/a-quick-catholic-guide-to-personality-types> (The Four Humors, Myers Briggs Types, Enneagram, etc.)

Prayer Cards

Our Mother of Fairest Love prayer card <https://www.fairestloveshrine.org/>

Helpful Resources

Youtube: Daily Calm Christian Guided Meditation

The Emotions Wheel (use it to help communicate/ "check in " on your dates!)

Top 100 Pro Catholic Movies

<https://www.ncregister.com/info/top-100-pro-catholic-movies>